

# IT'S TIME TO GROW TEA



Fancy clothes NOT required

Presented by



What do  
you know  
about tea?



# Garden Herb

# Can Help With



Chamomile

sleep & digestion ...zzzz



Mint

digestion



Lemon Balm

stress

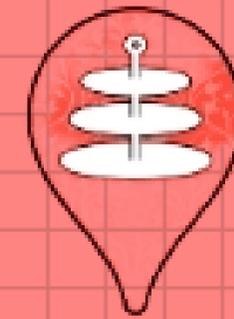


Lavender

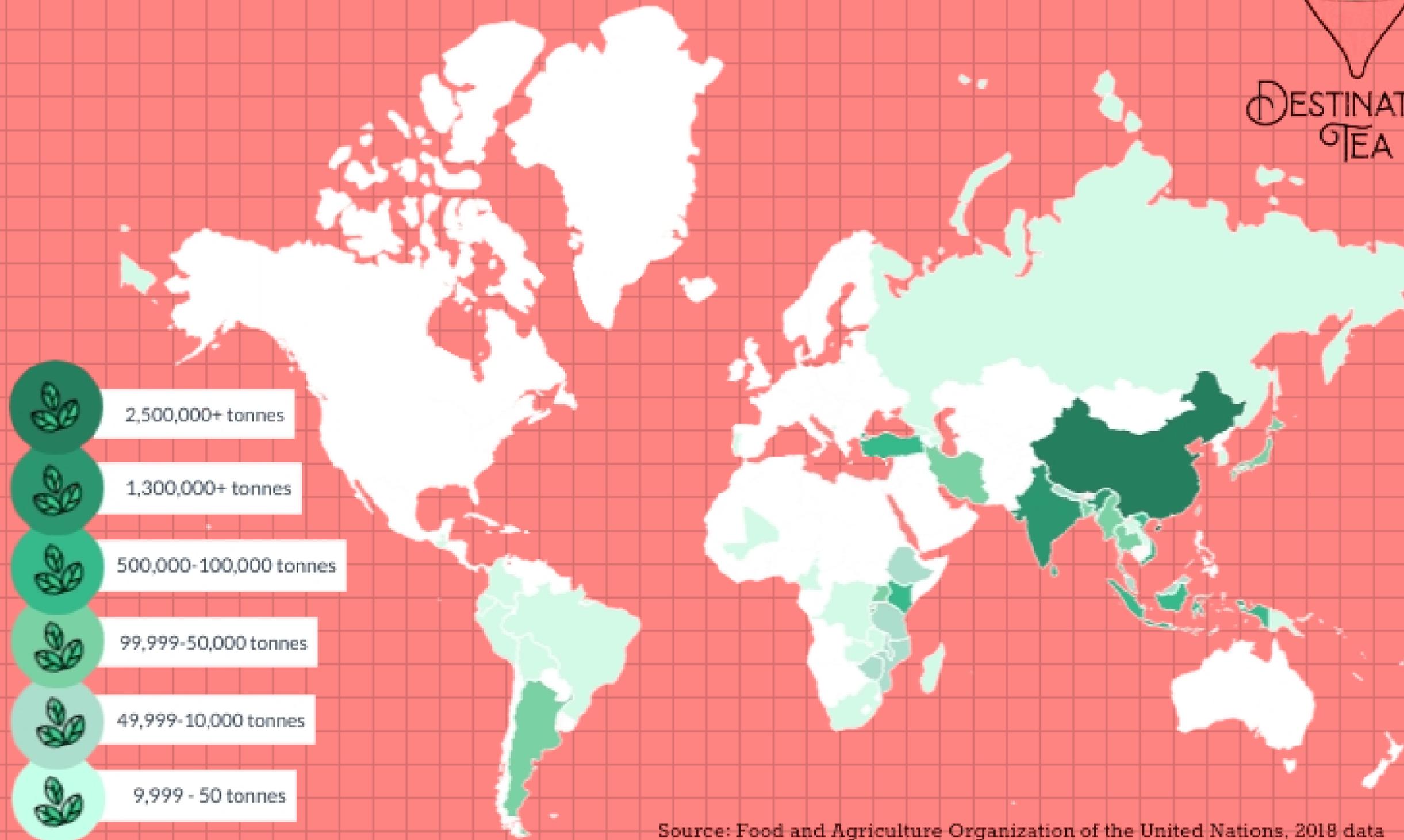
relaxation & sleep



# Top Tea Producers Worldwide

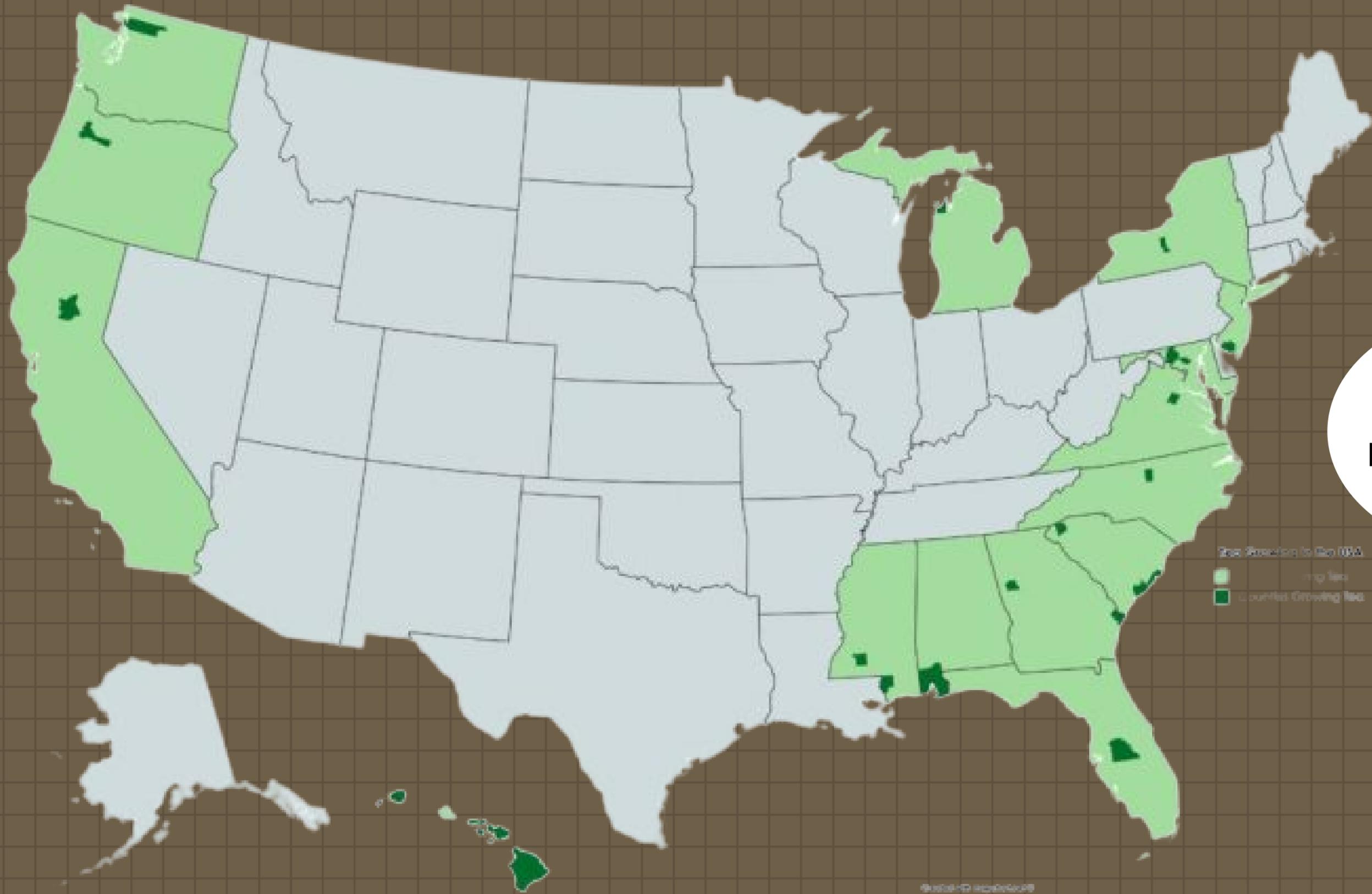


DESTINATION  
TEA



Source: Food and Agriculture Organization of the United Nations, 2018 data

Tea leaf icon made by Freepik from flaticon.com



**Did you know NJ has 9,983 farms but only ONE tea farm!**



Map credit: [American Specialty Tea Alliance](#)

# Tea Time around the world





# China

TEA:  
OOLONG, JASMINE, GUNPOWDER

- Drinking tea originated here, earliest evidence shows 200-100 BC
- Children show their respect to their elders by offering a cup of tea



Tea Manners: Thank your host for tea by tapping your finger on the table three times



"MAN CAN DO WITHOUT FOOD FOR THREE DAYS, BUT WITHOUT TEA, NOT FOR ONE."



# England

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## TEA: EARL GREY, BREAKFAST TEA

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- Afternoon tea started around 1830-1840's by the Duchess of Bedford, who was hungry in between lunch and dinner
  - tea is served with small sandwiches & small treats



Tea Manners: You should not hold up your pinky when holding a cup of tea.



"It's ALWAYS TEA time"



# Argentina

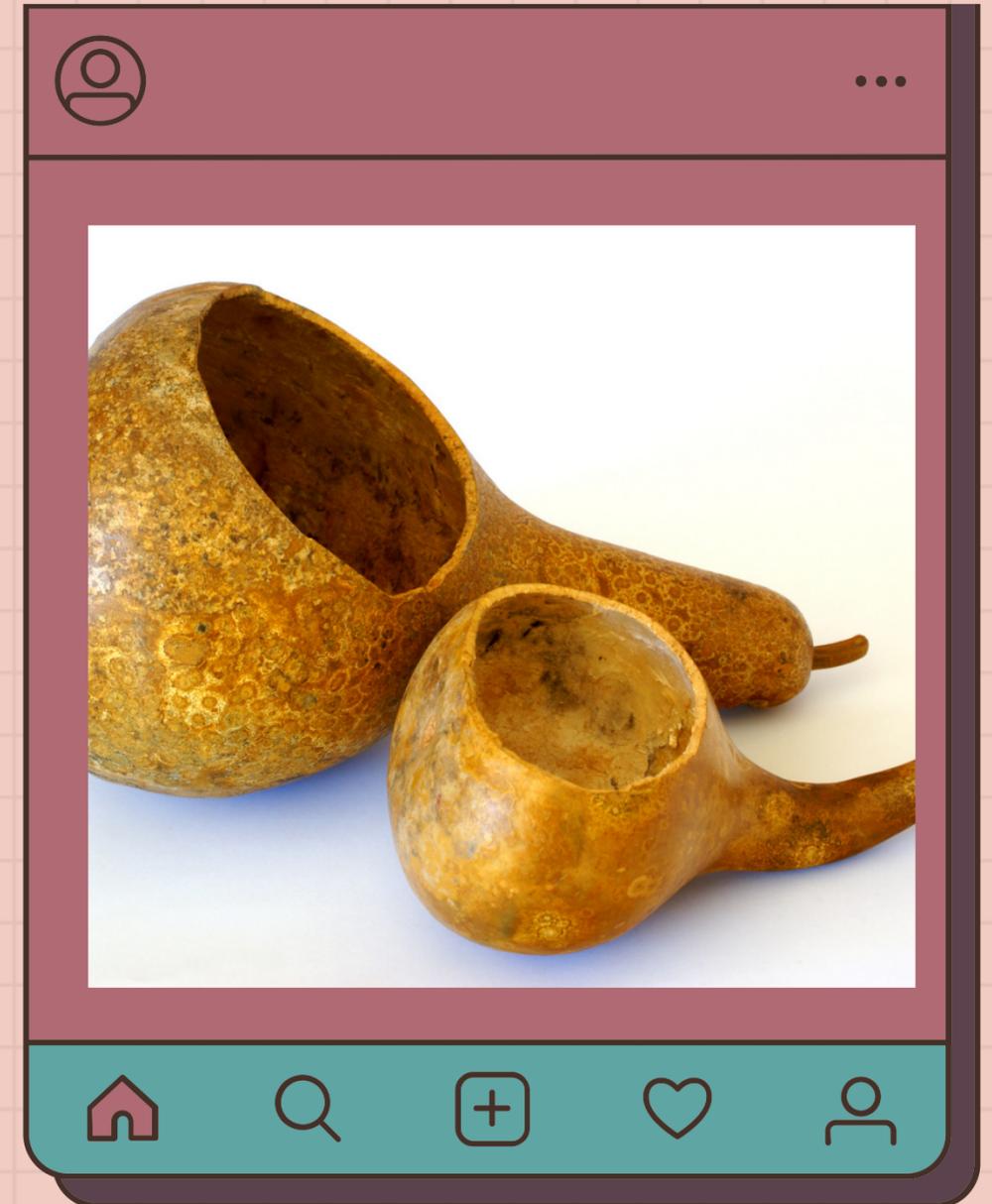
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## TEA: YERBA MATE

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- Traditionally served in a hollow gourd & drunk through a metal straw

**Tea Manners: take a sip from the communal gourd as a sign of friendship and to bond with new acquaintances.**



"SUNSHINE AND TEA"



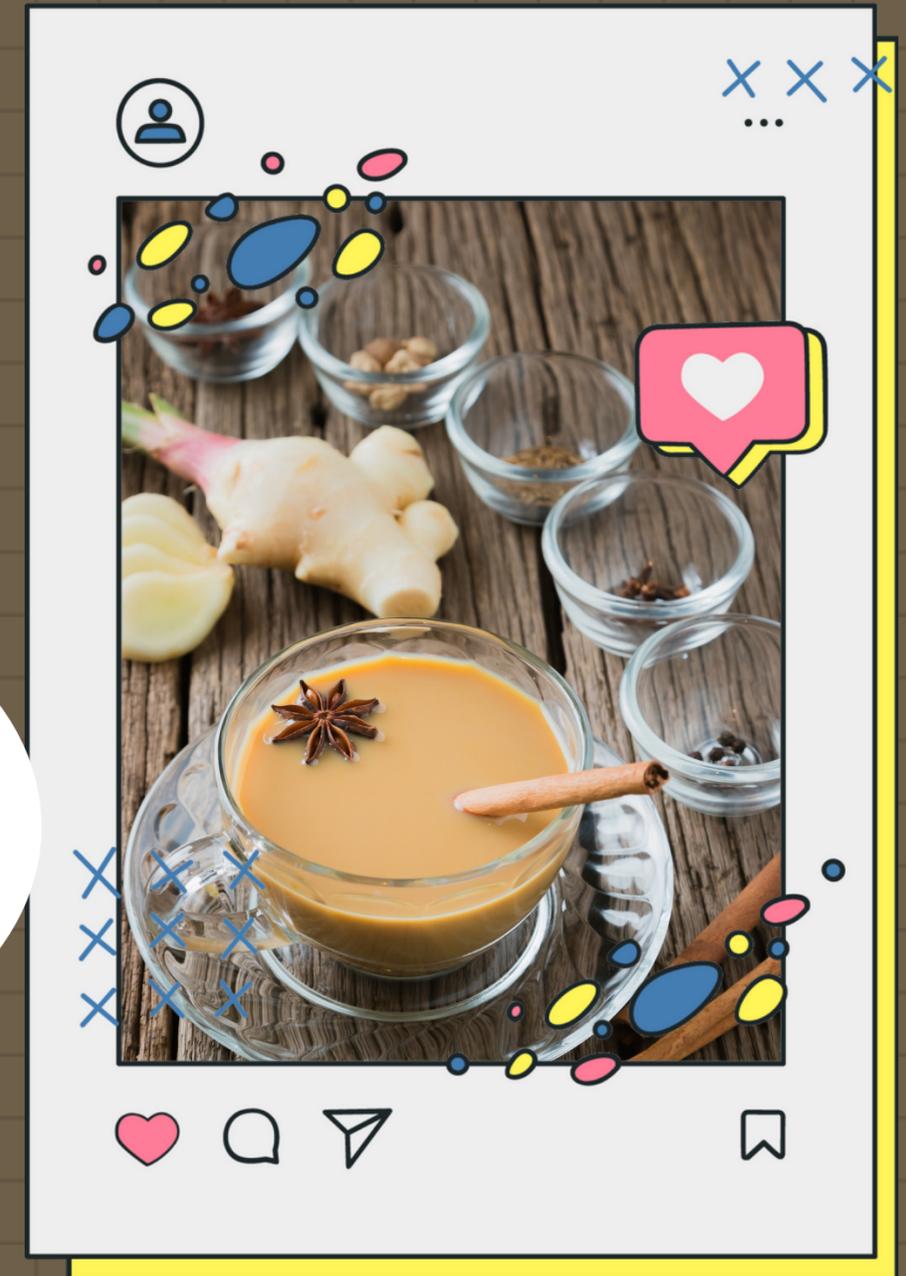
# India

## TEA: MASALA CHAI

- "Masala" means a mix of spices
- "Chai" means tea
- India consumes 15 times more tea than coffee



**Tea Manners:**  
Guest always receive a cup of chai upon arrival



"CHAI tHERE!"

05



# Japan

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## TEA: MATCHA

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- Chanoyu tea ceremony
  - 800 years old
  - takes place in a bamboo teahouse
  - a tea master will invite you to sit on the floor

Tea Manners: tea will be served with the front of the cup facing you. Rotate the cup to have the back facing you as a show of respect.



"ENJOYING THIS SO MATCHA."



# Morocco

## TEA: TOUAREG (MINT)

- Tea is a symbol of Moroccan hospitality - the friendly and generous reception and entertainment of guests, visitors, or strangers.
- Tea is served throughout the day - before meals, during meals, ending meals, & a cup of tea is drunk before bed

**Tea Manners:** It would be considered an insult for you to refuse tea.



"A DAY WITHOUT  
LAUGHTER IS A DAY  
WASTED"

# Class Etiquette



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TEA: GARDEN HERBAL TEA

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**Tea Manners:**

